

## Wednesday Morning Watch

### RISE ABOVE THE FRAY OF: GOSSIP AND JUDGEMENTAL TALK

This morning's Morning Watch is going to be a very simple one--but a very important one.. Your week at camp, Indeed your entire life can be changed by this Morning Watch.

When I (Janny) was about 7 years old, my mother taught me this poem. (*I had to memorize it, as she said my life would depend on how well I could live it.*) It is my feeling that if everyone at this camp would memorize it, we could change the world!--as we **Rise Above the Fray of GOSSIP AND JUDGEMENTAL TALK!**

As you find yourself starting to repeat a story that someone has told you about someone else (gossip), please remember this poem and put it in practice..

#### **THREE GATES**

If I am tempted to reveal a tale someone to me has told,  
About another, let it pass before I speak three gates of gold.. Three narrow gates:

First-, Is it true?

Then, Is it needful?

(In my mind, give truthful answer)

And the next is last and narrowest,

Is it kind?

And if to reach my lips at last,  
it passes through these gateways, three,

Then I may tell the tale, nor fear

What the result of speech may be.

(Remember- Is it true?, Is it needful,? Is it kind.?)